

Assistant Mental Health Lead course

This course is designed to help someone new to mental health leadership become familiar with the expectations for schools and colleges. The course equips them to provide practical support to a mental health lead and helps them to understand how these activities feed into whole-school or college plans.

PROGRAMME DETAILS



Online and Live Online options



Fits in around your schedule



Certificate on completion

This course is suitable for:

- Teachers
- Teaching Assistants
- Learning Support Assistants
- Administrative staff
- Support Staff
- Non-teaching roles



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SUPPORTING MENTAL HEALTH

SUPPORTING THE ROLE OF THE MENTAL HEALTH LEAD

With 1 in 5 children and young people aged 8-25 reported to have a mental disorder in 2023, the importance of having a co-ordinator for mental health is increasing.

Equip an assistant with the skills required to support the mental health lead in implementing and embedding your whole-school approach to mental health and wellbeing.

Developed to offer support to the mental health lead role, this training offers participants an overview of the role of the mental health lead and how to support them in post.

ASSESSMENT

Participants are not required to submit any form of assessment and will receive an attendance certificate upon completion.

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COURSE BENEFITS:

- Empowers supporting roles with mental health knowledge and understanding
- Allows for early intervention across the whole school not just classrooms
- Supports the role of the mental health lead, spreading the workload
- Embeds mental health and wellbeing across the whole school

COURSE CONTENTS:

The course modules are based on the modules identified by the Department for Education:

- About the Role
- Ethos and Culture
- Leadership and Management
- Pupil Voice
- Parents, Carers and Community
- Staff Development
- Monitoring the Impact of Interventions
- Targeted Approach
- Curriculum, Teaching and Learning



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