

Designated Governor Course

This course is designed for Governors with responsibilities relating to mental health and wellbeing. It aims to help them understand the Department for Education expectations, the role of the Mental Health Lead and the support/monitoring activities that they can undertake as a governor to support a strategic approach.

PROGRAMME DETAILS



Live Online



Short half-day session



Certificate on completion

This course is suitable for:

- Trust governors
- Local authority governors
- Parent governors
- Co-opted governors



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OVERSEEING MENTAL HEALTH

OVERSEEING AND MONITORING MENTAL HEALTH

With 1 in 5 children and young people aged 8-25 reported to have a mental disorder in 2023, the importance of having a co-ordinator for mental health is increasing.

Empower your governors with the knowledge and skills required to monitor mental health and wellbeing strategy, plus provide support for school staff.

Developed to provide an overview of the types of activities that a Designated Governor may do to support and monitor, this training covers the role of the mental health lead and data that may be monitored.

ASSESSMENT

Participants are not required to submit any form of assessment and will receive an attendance certificate upon completion.

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Health in Education



COURSE BENEFITS:

- Gives an understanding of mental health data and how its monitored
- Covers how the mental health lead role affects the whole school
- Offers insight into which trends to look out for
- Equips Governors with the tools and resources they need to effectively support your setting

COURSE CONTENTS:

The course modules are based on the modules identified by the Department for Education:

- About the Role
- Ethos and Culture
- Leadership and Management
- Pupil Voice
- Parents, Carers and Community
- Staff Development
- Monitoring the Impact of Interventions
- Targeted Approach
- Curriculum, Teaching and Learning



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