

Introduction to the Mental Health Lead role

This course helps people understand the requirements of the role of the mental health lead and some common tools to help fulfil these requirements. It can be used as preparation for to going on an intermediate, advanced or senior leader course, or simply as a foundation in mental health.

PROGRAMME DETAILS



Online and Live Online options



Fits in around your schedule



Certificate on completion

This course is suitable for:

- Headteacher
- Deputy Headteacher
- Assistant Headteacher
- Mental Health Lead
- SENCO
- Inclusion Lead
- Phase Leader
- Head of Year.



02381 120010



support@amhie.com



community.amhie.com

A FOUNDATION IN MENTAL HEALTH



UNDERSTANDING MENTAL HEALTH CO-ORDINATION

With 1 in 5 children and young people aged 8-25 reported to have a mental disorder in 2023, the importance of having a co-ordinator for mental health is increasing.

Equip your team to recognise the early signs of mental health issues and react with crucial setting support reducing the need to refer to already stretched external services.

Developed in response to and in collaboration with the DfE's 'whole-school approach' to mental health and wellbeing this training offers participants with an awareness of the basic skills in co-ordinating mental health across an educational setting.

ASSESSMENT

Participants are required to submit a simple individual or setting action plan to gain certification (no additional work – this can be completed during the course).

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Health in Education

COURSE BENEFITS:

- An introduction to the role
- A starting point for school to develop strategy
- Practical hints and tips on creating action plans
- How to teach mental health
- Supporting staff and students in mental health issues
- Monitoring and Reporting

COURSE CONTENTS:

This course covers all aspects of the DfE Senior Mental Health Lead training description:

- About the Role
- Ethos and Culture
- Leadership and Management
- Pupil Voice
- Parents, Carers and Community
- Staff Development
- Monitoring the Impact of Interventions
- Targeted Approach
- Curriculum, Teaching and Learning



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